



## Hip Arthroscopy Preference Card

### Instruments

- Smith and Nephew Traction table with peroneal post
- 6" wibril X 2 ( to pad the feet) 6" Coban X 2 ( to secure feet in the traction ski boot)
- Arthroscopy tray
- Pivot hip access tray with reusable nitinol wires
- Drill and battery
- Arthrocare 90
- Pump set at 50, use 6-8 bags
- Stryker scope 70 degree
- Shaver: Stryker Shaver Blades 1) 5.0 Round Bur 2) 4.2 Excalibur
- Pivot cannula flowport ( CAT01548)
- Pivot samurai blade full radius ( CAT 00227)
- Pivot injector needle (CAT01857)
- Pivot nano pass suture passer available #02289
- Transport cannula
- Stryker Cinch locks (hip length) (hold)
- Stryker Iconix Anchors (hold)

### Medications:

- Epinephrine 1:1000, 1ml in first 2 irrigation bags
- 0.25% Marcaine w/ epi to start in 10cc syringe
- Naropin 0.2% 5ml post op

### Positioning

- Lock OR table in place and confirm that it is level, no rocking.
- C arm must be in place prior to bringing the patient in the room.
- Arm on operative side across chest with ¼ foam and taped across

### Positioning Cont...

- Padded Peroneal post
- C-arm positioned between patient's legs
- C-arm monitor by patients head on non-operative side

### Prep

- Have 1 18 gauge spinal needle with chloroprep stick for arthrogram ( to be done prior to surgical prep to vent the hip)
- Chlorprep X 2 for surgical site

### Draping

- 3 blue towels to square off surgical site
- 2 X ¾ sheets for top and bottom
- 3M loban Shower curtain with blue towel attached to the bottom
- Drape large C-arm
- Mayo Stand Positioned Across patients body on non-operative side (pulled all the way up)

### Disposables

- ¾ drape
- Chloroprep X 2
- Smith and Nephew Traction set
- loban Shower Curtain or similar
- Large C-arm Cover
- 1 suction for pocket drape on shower curtain
- #2 Fiber wire 1-2 available for repair
- Mastisol / Steristrips
- 4X4, ABD, Large Tegaderm X 2
- 3-0 Nylon PS-2
- 3-0 Monocryl PS-2